



# *The Saint Anthony Rosary of Healing*

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*“Our David, the Son of God, a merciful and gracious Lord...opens the Scriptures that we might understand.”*

-Saint Anthony of Padua (Sermons)

## **Introduction**

*Son of David, have pity on me!*

This was the cry that the wayside blind man shouted out to Jesus. It is also, according to Saint Anthony, “our proper prayer as Christians.” Why should that be so?

Saint Anthony, Doctor of the Gospel, often preached about the name of *David*, which he understood to mean *merciful*. The blind man’s cry, then, is one that begs Jesus’ mercy. Saint Anthony teaches how this mercy irrigates the heart when Christ, the divine gardener, waters the gardens of our souls.

The Saint Anthony Rosary opens the Scriptures for us, so that the gardens of our souls can receive the refreshing waters of Christ’s mercy. Then, through this grace of healing, we might better bear the fruit of witnessing to God’s merciful goodness in our world.

## ***How to Pray the Saint Anthony Rosary of Healing***

- Choose a Gospel: Mark, Matthew, or Luke. Each decade will tell a story of Jesus’ healing acts within that Gospel. (Scripture readings are below).
- Make the Sign of the Cross.
- Announce the title of the decade and read aloud the Scripture passage from the Gospel you have chosen.
- Ask Saint Anthony to pray for you, using the short prayer specific to each decade.
- Pray ten times “our proper prayer as Christians” - *Jesus, Son of David, have pity on me!*
- Take ten seconds (or more) to be refreshed in God’s mercy.
- Concluding Prayers said on the remaining beads:
  - Announce the title and read the Gospel passage.
  - Ask Saint Anthony to pray for us, by offering personal intentions.
  - Pray three times: *Jesus, Son of David, have pity on me!*
  - Pray the Saint Anthony Prayer for Healing

## *Make the Sign of the Cross*

### *First Decade: Jesus Heals the Blind*

Read: Mark 10:46-52; Matthew 20:29-34; or Luke 18:35-43

Prayer said on center medal of your rosary: ***Saint Anthony, Doctor of the Gospel, pray for us to see goodness.***

Prayer said on the next ten beads: ***Jesus, Son of David, have pity on me!***

Ten seconds of silence to be refreshed in God's mercy.

### *Second Decade: Jesus Heals the Deaf and the Mute*

Read: Mark 7:31-37; Matthew 9:32-33; or Luke 11:14

Prayer said on the single bead: ***Saint Anthony, Doctor of the Gospel, pray for us to hear truth & speak justice.***

Prayer said on the next ten beads: ***Jesus, Son of David, have pity on me!***

Ten seconds of silence to be refreshed in God's mercy.

### *Third Decade: Jesus Heals the Lame*

Read: Mark 2:1-12; Matthew 9:1-8; or Luke 5:17-26

Prayer said on the single bead: ***Saint Anthony, Doctor of the Gospel, pray for us to walk humbly.***

Prayer said on the next ten beads: ***Jesus, Son of David, have pity on me!***

Ten seconds of silence to be refreshed in God's mercy.

### *Fourth Decade: Jesus Heals the Suffering*

Read: Mark 7:24-30; Matthew 15:22-28; or Luke 8:41b-48

Prayer said on the single bead: ***Saint Anthony, Doctor of the Gospel, pray for us to savor relief.***

Prayer said on the next ten beads: ***Jesus, Son of David, have pity on me!***

Ten seconds of silence to be refreshed in God's mercy.

### *Fifth Decade: Jesus Heals the Sick*

Read: Mark 1:29-31; Matthew 8:14-16; or Luke 4:38-39

Prayer said on the single bead: ***Saint Anthony, Doctor of the Gospel, pray for us to get up and serve others.***

Prayer said on the next ten beads: ***Jesus, Son of David, have pity on me!***

Ten seconds of silence to be refreshed in God's mercy.

## *Concluding Prayers: Jesus Heals Us*

Read: Mark 3:10; Matthew 15:29-31; or Luke 4:40

Prayer said on the first bead: *Saint Anthony, Doctor of the Gospel, pray for us to find healing (add your personal intentions).*

Prayer said on the next three beads: *Jesus, Son of David, have pity on me!*

Saint Anthony Prayer for Healing said on the final bead.

## *Saint Anthony Prayer for Healing*

Dear Saint Anthony, you experienced disappointments and sicknesses in your short life, please assist me in my present difficulties.

Sickness forces us to depend on others, leaves undone our daily tasks, upsets our self-confidence, and can make us feel less useful.

Help me, Saint Anthony, Doctor of the Gospel, to tend to my ailments of body, mind, and spirit. Teach me how vulnerability leads to strength. Show me how to carry the cross of sickness.

Saint Anthony, pray for me and my loved ones. May Jesus, the Son of David, have pity on us all, thereby making us better witnesses to the Gospel of God's merciful goodness in our world.

Amen.



## Readings from the Gospel of Mark

### **First Decade: Jesus Heals the Blind**

(Mark 10:46-52)

*As Jesus left Jericho with his disciples and a great crowd, Bartimaeus, a blind beggar, was sitting at the side of the road. When he heard that it was Jesus of Nazareth, he began to shout and cry out: Son of David, have pity on me! And many of them scolded him and told him to keep quiet, but he only shouted all the louder: Son of David, have pity on me! Jesus stopped and said: Call him here. So, they called the blind man over: Courage, they said, get up. He is calling you. So, throwing off his cloak, he jumped up and went to Jesus. Then Jesus spoke: What do you want me to do for you? The blind man said to him, Master, let me see again. Jesus said to him: Go, your faith has saved you. And at once his sight returned and he followed him along the road.*

### **Second Decade: Jesus Heals the Deaf and Mute**

(Mark 7:31-37)

*Then Jesus returned from the region of Tyre and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."*

### **Third Decade: Jesus Heals the Lame**

(Mark 2:1-12)

*When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this fellow speak in*

*this way? It is blasphemy! Who can forgive sins but God alone?" At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them,*

*"Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Stand up and take your mat and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins"--he said to the paralytic-- "I say to you, stand up, take your mat and go to your home." And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, "We have never seen anything like this!" And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, "We have never seen anything like this!"*

#### **Fourth Decade: Jesus Heals the Suffering**

(Mark 7:24-30)

*From there Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that you may go, the demon has left your daughter." So, she went home, found the child lying on the bed, and the demon gone.*

#### **Fifth Decade: Jesus Heals the Sick**

(Mark 1:29-31)

*As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.*

#### **Concluding Prayers: Jesus Heals Us**

(Mark 3:10)

*For he had cured many, so that all who had diseases pressed upon him to touch him.*

### **First Decade: Jesus Heals the Blind**

(Matthew 20:29-34)

*As Jesus and his disciples were leaving Jericho, a large crowd followed him. Two blind men were sitting by the roadside, and when they heard that Jesus was going by, they shouted, "Lord, Son of David, have mercy on us!" The crowd rebuked them and told them to be quiet, but they shouted all the louder, "Lord, Son of David, have mercy on us!" Jesus stopped and called them. "What do you want me to do for you?" he asked. Lord," they answered, "we want our sight." Jesus had compassion on them and touched their eyes. Immediately they received their sight and followed him.*

### **Second Decade: Jesus Heals the Deaf and Mute**

(Matthew 9:32-33)

*After they had gone away, a demoniac who was mute was brought to him. And when the demon had been cast out, the one who had been mute spoke; and the crowds were amazed and said, 'Never has anything like this been seen in Israel.'*

### **Third Decade: Jesus Heals the Lame**

(Matthew 9:1-8)

*And after getting into a boat Jesus crossed the sea and came to his own town. And just then some people were carrying a paralyzed man lying on a bed. When Jesus saw their faith, he said to the paralytic, "Take heart, son; your sins are forgiven." Then some of the scribes said to themselves, "This man is blaspheming." But Jesus, perceiving their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Stand up and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins" - he then said to the paralytic - "Stand up, take your bed and go to your home." And he stood up and went to his home. When the crowds saw it, they were filled with awe, and they glorified God, who had given such authority to human beings.*

## **Fourth Decade: Jesus Heals the Suffering**

(Matthew 15:22-28)

*A Canaanite woman from that vicinity came to him, crying out, "Lord, Son of David, have mercy on me! My daughter is demon-possessed and suffering terribly." Jesus did not answer a word. So, his disciples came to him and urged him, "Send her away, for she keeps crying out after us." He answered, "I was sent only to the lost sheep of Israel." The woman came and knelt before him. "Lord, help me!" she said. He replied, "It is not right to take the children's bread and toss it to the dogs." "Yes, it is, Lord," she said. "Even the dogs eat the crumbs that fall from their master's table." Then Jesus said to her, "Woman, you have great faith! Your request is granted." And her daughter was healed at that moment.*

## **Fifth Decade: Jesus Heals the Sick**

(Matthew 8:14-16)

*When Jesus came into Peter's house, he saw Peter's mother-in-law lying in bed with a fever. He touched her hand, and the fever left her, and she got up and began to wait on him. When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick.*

## **Concluding Prayers: Jesus Heals Us**

(Matthew 15:29-31)

*Jesus went on from there and reached the shores of the Sea of Galilee, and he went up into the hills. He sat there, and large crowds came to him bringing the lame, the crippled, the blind, the dumb and many others. The crowds were astonished to see the dumb speaking, the cripples whole again, the lame walking and the blind with their sight, and they praised the God of Israel.*



## Readings from the Gospel of Luke

### **First Decade: Jesus Heals the Blind**

(Luke 18:35-42)

*As Jesus approached Jericho, a blind man was sitting by the roadside begging. When he heard a crowd going by, he asked what was happening. They told him, "Jesus of Nazareth is passing by." Then he shouted, "Jesus, Son of David, have mercy on me!" Those who were in front sternly ordered him to be quiet; but he shouted even more loudly, "Son of David, have mercy on me!" Jesus stood still and ordered the man to be brought to him; and when he came near, he asked him, "What do you want me to do for you?" He said, "Lord, let me see again." Jesus said to him, "Receive your sight; your faith has saved you." Immediately he regained his sight and followed him, glorifying God; and all the people, when they saw it, praised God.*

### **Second Decade: Jesus Heals the Deaf and Mute**

(Luke 11:14)

*Now he was casting out a demon that was mute; when the demon had gone out, the one who had been mute spoke, and the crowds were amazed.*

### **Third Decade: Jesus Heals the Lame**

(Luke 5:17-26)

*One day, while he was teaching, Pharisees and teachers of the law were sitting nearby (they had come from every village of Galilee and Judea and from Jerusalem); and the power of the Lord was with him to heal. Just then some men came, carrying a paralyzed man on a bed. They were trying to bring him in and lay him before Jesus; but finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus. When he saw their faith, he said, 'Friend, your sins are forgiven you.' Then the scribes and the Pharisees began to question, 'Who is this who is speaking blasphemies? Who can forgive sins but God alone?' When Jesus perceived their questionings, he answered them, 'Why do you raise such questions in your hearts? Which is easier, to say, "Your sins are forgiven you", or to say, "Stand up and walk"? But so that you may know that the Son of Man has authority on earth to forgive sins' he said to the one who was paralyzed 'I say to you, stand up and take your bed and go to your home.' Immediately he stood up before them, took what he had been lying on, and went to his home, glorifying God. Amazement seized all of them, and they glorified God and were filled with awe, saying, 'We have seen strange things today.'*



## **Fourth Decade: Jesus Heals the Suffering**

(Luke 8:42-48)

*As Jesus went on his way, the crowds were pressing against Him and a woman who had a hemorrhage for twelve years, and could not be healed by anyone, came up behind Him and touched the fringe of His cloak, and immediately her hemorrhage stopped. And Jesus said, “Who is the one who touched Me?” And while they were all denying it, Peter said, “Master, the people are crowding and pressing in on You.” But Jesus said, “Someone did touch Me, for I was aware that power had gone out of Me.” When the woman saw that she had not escaped notice, she came trembling and fell down before Him, and declared in the presence of all the people the reason why she had touched Him, and how she had been immediately healed. And He said to her, “Daughter, your faith has made you well; go in peace.”*

## **Fifth Decade: Jesus Heals the Sick**

(Luke 4: 38-39)

*After leaving the synagogue he entered Simon’s house. Now Simon’s mother-in-law was suffering from a high fever, and they asked him about her. Then he stood over her and rebuked the fever, and it left her. Immediately she got up and began to serve them.*

## **Concluding Prayers: Jesus Heals Us**

(Luke 4:40)

*As the sun was setting, all those who had any who were sick with various kinds of diseases brought them to him; and he laid his hands on each of them and cured them.*

